



Budget & Community Projects

March is National Disabilities Awareness month. It is a great opportunity to remind residents that our website at woodbridgect.org aims to be user friendly with assistive technology and compatibility with many screen readers. Please contact Karen Crosby, Assistant Administrative Officer, by email at kcrosby@woodbridgect.org with any accessibility issues related to the Town's website.



This past month the Board of Selectmen made its operating budget recommendations to the Board of Finance. Budget meetings may be watched live on Channel 79, and via the WGATV79 YouTube link—please see the homepage of the Town's website.

The best way for residents to share their thoughts on Town finances is at the **Monday, April 24 Preliminary Budget Hearing** when the Board of Finance presents its proposed spending plan. This meeting will take place at 7:30 pm at the Amity High School Auditorium. Following this hearing the Board of Finance may make changes to its proposed budget which will then be presented at the Annual Town Meeting on May 15 at Amity High School Auditorium at 7:30 pm.

I'm pleased to share with you that a 55+ housing proposal has been approved by the Town Plan and Zoning Commission and reviewed by Inland Wetlands. The project, located at Litchfield Turnpike and Bradley Road, will move forward with construction set to begin this month. The design features attached townhouses with 2-3 bedrooms set on private roads with a community center and pool on the premises. Toll Brothers estimates construction will be completed in 3 years. This will grow our Grand List while not adding to the enrollment in our schools!

The Ad Hoc 2030 Task Force continues to work on taking a big picture look at the changes the town should consider to diversify and broaden our Grand List. The bipartisan Task

Force, with co-chairs Chris Dickerson and Susan Jacobs, is concentrating on connectivity in the business district to maximize potential grant dollars to offset expenditures. The Board of Selectmen is moving ahead, unanimously accepting the Ad Hoc Committee's recommendations, authorizing our Administrative Officer/Director of Finance Tony Genovese to seek State and Federal grants. Grants may be available through President Biden's bipartisan Build Back Better Infrastructure Law.

I believe the Beecher Road School pool is an asset to our community. It provides a vast range of programs for development of community swimmers - a vital life skill for our children - including the learn to swim programming through the school and lessons through the Recreation Department. These programs also act as a feeder system for the Amity High School Swim Team and the Woodbridge Aquatic Club. The pool provides a recreational outlet and opportunity for the continued health and well-being for all community members. The Board of Selectmen and Board of Finance have unanimously approved the request for replacement of pool filters and associated equipment as well as the transfer of current Recreation Department funds to cover this cost.

At its February meeting, the Board of Selectmen approved the updated Strategic Plan document as presented by Selectmen McCreven and Vogel. This plan has identified priorities among the most important and pressing issues facing the Town of Woodbridge. You may view the plan in its entirety at the Town's website.

As always, please do not hesitate to reach out to me if you have questions or comments at bheller@woodbridgect.org or at 203-389-3401.

—First Selectman Beth Heller

Spring Bulk Pickup

Call the Department of Public Works at 203-389-3420 to schedule an appointment for spring bulk pickup. There is a \$50 fee per appointment to be paid upfront prior to pickup.

Spring bulk pickup will take place by appointment only each Tuesday in March through May between 7:30 am and 3:30 pm. Bulk pickup will be offered again during the months of October and November. Residents are asked to limit use of this service to one time per year to allow everyone to take advantage of this program.

A list of items to be placed curbside will need to be provided when scheduling an appointment. Items should be large household items that cannot fit in a car trunk such as large furniture, washing machines, dryers, gas grills, lawn mowers, carpeting, bed frames, and the like. The disposal fee for freon based appliances (air conditioners, refrigerators, dehumidifiers) is included in the \$50 pickup charge.

Call the Department of Public Work's office for more information or with any questions.

New Safety Programs Launched

The Woodbridge Police Department is pleased to announce two new safety programs: Alzheimer's Alert Program and Autism Safety Alert Program. Individuals may be registered to either program by family members and caregivers. While program registration is voluntary, participation will enable police officers to access important information in the event of an emergency.

Alzheimer's Alert Program

When a family member or friend who has been afflicted with Alzheimer's Disease wanders, it can be devastating. The Woodbridge Police Department would like to help. If a family member/friend is missing, immediately contact the Woodbridge Police Department. Please provide Dispatch personnel with a detailed description of the missing person. In addition, make Dispatch personnel aware if your loved one is registered in the Alzheimer's Alert Program. Registration is **voluntary**. Information provided will be kept confidentially on file in the Dispatch Center of the Police Department.

Autism Safety Alert Program

This program will provide police officers with relevant information, prior to responding to an incident involving a person with Autism Spectrum Disorder. Families who would like to participate in this program are asked to voluntarily provide the Woodbridge Police Department with pertinent information relating on how to appropriately communicate/interact with their loved ones. Our goal is to bring each engagement to a successful conclusion. Program registration is **voluntary**. The program is designed for Woodbridge residents, students who attend school in Woodbridge, and individuals who work in town. Information provided will be kept confidentially on file in our Dispatch Center.

Forms for both the Alzheimer's Alert Program and the Autism Safety Alert Program are available to the public at the Woodbridge Police Department, Woodbridge Human Services, and the Woodbridge Senior Center.

Please call the non-emergency Police phone number with questions, 203-387-2511.

Historic Woodbridge, 2nd Edition Available for Purchase

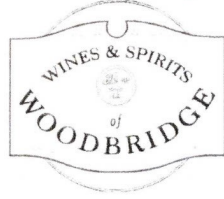
Learn about Woodbridge's historic houses and the people who called Woodbridge their home. Woodbridge homes, community buildings, and the people of 'olden days' come alive in *Historic Woodbridge*, Second Edition. Illustrations are included throughout the book as the history of the community and its architecture are highlighted.

Historic Woodbridge may be the perfect gift. The book is on sale for \$30 (discounted from \$45). To purchase, stop by the Library or the Town Clerk's Office at Town Hall, or email TownClerk@woodbridgect.org.

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HISTORIC WOODBRIDGE

An Historic and Architectural
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Second Edition

Library hours: Monday through Thursday: 10 am to 8 pm; Friday & Saturday: 10 am to 5 pm.
Visit the Library website 24/7 to access digital resources - woodbridgetownlibrary.org

It's Back: The Plant Swap!

Join us for the second annual Woodbridge Town Library Plant Swap: Saturday March 18 from 11 am to 1 pm in the Grove outside the library.

Have plants that don't spark joy anymore? Extra pots laying around the house? Seeds you don't plan on

planting? Drop them off at the library Thursday, March 16 or Friday, March 17. Then return on Saturday, March 18 to find new (to you) items! There will also be a potting station.

All ages welcome! Please register online or at the library.



A Successful Puzzle Competition

The Library hosted its first jigsaw puzzle competition on Saturday, February 11; nine teams (48 people) worked on identical 1000 piece jigsaw puzzles with the hopes of finishing first, and claiming their place as the winner.

Puzzle boxes were torn open just before 10:30 am, with participants eagerly sorting pieces and building the border. The winning team, comprised of



five adults and one teen from nearby towns, completed the puzzle in just over one hour. They were each presented with \$20 Barnes & Noble gift cards. The second and third place teams finished within two hours of starting; all teams had their puzzles finished by 2 pm that day.

The Library plans on offering this event again; be on the lookout for future announcements.

Adult Happenings

For most events, please register in person or via our website.

Four Critical Components to a Successful Retirement Wed., March 8 at 6 pm

Learn how to get the most out of your retirement with these four critical components: Inflation, Social Security, Taxes Now & In Retirement, and Market Volatility & Income Needs. This workshop is presented by USA Financial.

Author Talk: Dr. Siegfried Kra Wed., March 15 at 2 pm

Come and join us for a talk with local author and retired cardiologist Dr. Siegfried Kra! He will be discussing his newest book, *Dancer in the Garden*, which is a collection of vivid stories from Dr. Kra's life. Please register online or at the library.

Library Skywatch (Weather Permitting)

Monday & Tuesday evenings, drop-in around 6:30 pm

Held on the library lawn with our new Zhumell 1114mm refracting telescope. View and identify celestial objects!

Woodbridge Writer's Workshop - Join area writers as we read and critique our works in a friendly atmosphere. Please register online or at the library, choosing one session or the other. Group meets every second and fourth Tuesday of the month in the Meeting Room from 3 pm to 5 pm.

Woodbridge Scrabble Group - Meets every Wednesday in the Meeting Room from 11 am to 1 pm. Play Scrabble against your friends and neighbors! Registration is not required.

Indoor Film Screenings - Thursdays at 7 pm movies will be shown in the Meeting Room. No registration is required to attend, but seating is first come, first serve. Titles are *Rogue Agent* (3/2), *The Fabelmans* (3/9), *Spoiler Alert* (3/16), *The Inspection* (3/23), and *Devotion* (3/30).

Saturday Morning Meditation - Every Saturday at 10:15 am, one hour of silent Vipassana (mindfulness) meditation is hosted by experienced meditation instructors. Registration suggested, but walk-ins welcome too!

Stay in the Loop with the Library!

Sign up for our email newsletters to receive notifications about events, new offerings, and library hours/closings. We typically only send one email a week. **Join our mailing list** by visiting our website and entering your email address in the form provided. That's it! (You can also give us your email address while in the building.)

Town Calendar

Woodbridge Happenings

To register & view events go to: woodbridgetownlibrary.org

- 3/1- **Wellness Wednesdays**, 7:30 pm
- 3/29 every Wednesday in March @ Simply Dance Studio
- 3/4 **Winter Wilderness & Survival**, 9 am
Massaro Community Farm
- 3/7 **"Bloom Where You Are Planted"**, 11:45 am
via Woodbridge Garden Club, First Church of Christ
- 3/8 **AARP Smart Driver Class**, 9 am
for 50+, Library Meeting Room
- 3/8 **Components to Successful Retirement**, 6 pm
presented by USA Financial, Library Meeting Room
- 3/10 **Immersive Ireland Experience**, 11 am
virtual tour, trivia & tastings, Library Meeting Room
- 3/11 **Maple Sugaring**, 2 pm
Massaro Community Farm
- 3/12 **Woodbridge Trail Maintenance**, 11 am
volunteers needed
- 3/15 **Author Discussion: Dr. Siegfried Kra**, 2 pm
Library Meeting Room
- 3/16 **St. Patrick's Day Drive-thru Lunch**, 12 pm
for 60+, Center Building
- 3/18 **Woodbridge Town Library Plant Swap!** 11 am
on 3/16 & 17 drop off unwanted plants to the Library
- 3/22 **Healthy Cooking Demo with Samples!** 11 am
for 55+, Library Meeting Room
- 3/25 **Beekeeping Workshop**, 10 am
all ages welcome, Massaro Community Farm
- 3/30 **Fabric Bowl Craft Workshop**, 11 am
for 55+, Library Meeting Room
- 3/31 **Fun Evening Event @ Amity Middle School**, 7 pm
for Woodbridge & Bethany 6th grade residents

**Social events posted to the Town Calendar
will be highlighted here.**

Library News

From the Children's Room

*For more information and registration where necessary,
please visit our website.*

Mon., Mar. 6 at 2:30 pm: **Teen Advisory Board Meeting**, ages 13+. Visit our teen page on our website to register or email ecantor@woodbridgetownlibrary.org for more info.

Wed., Mar. 8 at 4:30 pm: **Tiger Storytime**, ages 3+. Join us for songs, movement, tiger themed books, and a visit with a cat named Tiger. Online registration required.

Sat., Mar. 11 at 2:00 pm: **Georgia O'Keeffe Art Program**, STRICTLY ages 6+. Make a watercolor painting in the style of the artist & learn about her interesting life! Online registration required.

Mon., Mar. 13 at 6:30 pm: **Animal Facts Club**, ages 7+. Registration required; meets monthly. This month's theme is **swamp animals!**

Tues., Mar. 28 at 6:30 pm: **Graphic Novel Club**, ages 9+. Come discuss the graphic novel *Big Nate: From the Top* and do a fun activity relating to the book! Online registration required.

Recurring Programs—no registration required, come as often as you'd like!

- Wednesdays at 10:30 am: **Storytime** (infants and up)
- Thursdays at 4 pm: **Craft Time** (ages 3+)

Now for Sale: Totes with Notable Quotes!

Support the Library by purchasing a tote bag—\$20 each, or two for \$35. Choose from six different bags, each with a different quote. For examples: "A book must be the axe for the frozen sea within us." Franz Kafka. "No need to hurry. No need to sparkle. No need to be anybody but oneself." Virginia Woolf.

Thanks to the Friends of the Woodbridge Library for their support.



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To reach Woodbridge Human Services call 203-389-3429 or 203-389-3415 or email humanservices@woodbridgect.org



First Selectman Beth Heller and town staff members gathered to raise awareness and funds for the annual Wear Red Day event at Town Hall. American Heart Health Month helps to bring awareness to women's heart health and health equity. Nearly 80% of cardiovascular disease can be prevented by healthy living steps according to the American Heart Association.

Volunteer Income Tax Assistance (VITA): Tuesdays, 9 am - 12 pm. VITA is a free tax preparation service available to low-income individuals, to people who have a disability, and to those who

speak limited English. For a list of required tax documents and to schedule an appointment call 203-389-3429. The program will run through Apr. 11. Online tax filing assistance is also available.

Energy Assistance Program: Human Services is accepting appointments for residents applying for the 2022-2023 CT Energy Assistance Program administered by TEAM, INC. Income eligibility requirements must be met. For information or to schedule an appointment, call Judi Young at 203-389-3429.

Food Pantry: Residents in need may call for access to non-perishable food each month. If interested in donating, the food pantry needs coffee, canola and olive oil, jams/jellies, canned chicken, and laundry soap.

Mail and Package Theft: There has been an increase in mail and package

thefts recently. Tips provided by the US Postal Service to ensure mail safely arrives at its destination include promptly picking up letters and packages from your mailbox and at your door, depositing mail in blue collection boxes close to pick-up time, bringing your important mail into your local Post Office, and not mailing cash. To report mail theft, go to <https://faq.usps.com/s/article/Mail-Theft> or call the Woodbridge Police Dept.



Woodbridge Human Services, in conjunction with Griffin Hospital and the Dept. of Public Health (DPH) Mobile Vaccine Unit, recently provided a COVID-19 vaccine/booster clinic for all ages (6-months+).

Woodbridge Center News

The Center is for everyone 55+!

Please call 203-389-3430 or email kmoriarty@woodbridgect.org with any questions or to register for programs.



Kristy Moriarty and Jeanette Glicksman help distribute a festive lunch at the Soup-er Sweet Masquerade Drive-thru in February. This event was sponsored by Coachman Square at Woodbridge and Opal Stork Home Care with a special treat provided by Hamden Rehabilitation and Health Care Center.

Sponsored Lunch (for Woodbridge residents over 60 years of age):

St. Patrick's Day Drive-thru Luncheon: You don't have to be Irish to celebrate St. Patrick's Day at the drive-thru luncheon on March 16 from 12-1 pm. This event is sponsored by *Coachman Square at Woodbridge and Southern Connecticut Gas/United Illuminating*. Lunch will include a traditional corned beef meal. An additional treat will be

provided by *Hamden Rehabilitation and Health Care Center*. Please RSVP by March 9.

Services:

Tech Tue. and Thu., 2:45-4:15 pm: Want to learn how to attend Zoom classes? Need help navigating your computer, laptop, tablet, or smart phone? Call to sign-up for a 1:1 session in The Center's computer lab with patient, knowledgeable Amity High School student volunteers. No charge.

Transportation for medical appointments is available for those age 60+ or with a long or short-term disability, Mon.-Fri., 9 am - 4 pm. Rides to grocery shopping, banking, pharmacy pick-up, and social engagements are also available. Call to arrange car or wheelchair accessible van transportation.

Meals: Healthy, well balanced, flash frozen meals are available for \$5.25/meal. Order by noon on Mon. for delivery to your home on Tue. Choose from a wide variety of options including baked ziti, chicken piccata, flounder

Florentine, and turkey pot pie. Meals include a roll, fresh fruit, and dessert. Two meal minimum. Frozen soups are available for \$1.50 per 10 oz. container. Varieties include: Italian wedding, beef orzo, lemon chicken and rice, and many more. Call 203-389-3430 to place your order.

Friendly Visitor Program: Call Judi Young, Human Services Social Worker, at 203-389-3429 to arrange for a friendly visitor.

Medical Loan Closet: A variety of durable medical equipment is available for lending. Call for more info. Donations of transport chairs are needed.

Job Bank: Residents may call Nancy Pfund, Youth Services Director, at 203-389-3429 to hire a student worker. Schedule helpers for babysitting, snow cleanup, and more.

Updates:

Facebook/e-blasts: Follow us on Facebook (The Woodbridge Center, Woodbridge CT) and call to sign-up for email blasts for The Center updates.

Woodbridge Center News

The Center is for everyone 55+! Call 203-389-3430 or email kmoriarty@woodbridgect.org to register or for more details. Masks will be required for all indoor Center programming and events when New Haven County is in a "high" level based on the CDC's tool for monitoring COVID-19 spread in the community. For the safety of others, please stay home if you have symptoms of COVID-19, have been exposed to someone with COVID-19, or if you tested positive for COVID-19.

Special & New Activities



The aerobics class completes their session with hand weights as they take action to protect their hearts during National Heart Awareness month in February. The Center offered free Tuesday aerobics classes throughout the month to promote heart health.

AARP Smart Driver Class

This course teaches proven driving techniques to help keep you and your loved ones safe on the road. In addition, it may provide a multi-year discount on your auto insurance. Program will take place Mar. 8 from 9 am to 1 pm in the Library Meeting Room. The fee is \$20 for AARP members, \$25 for non-members. Please RSVP.

Immersive Ireland Experience

Come experience Ireland through a virtual tour, trivia, and tastings. This educational and entertaining workshop, provided by Hamden Rehabilitation and Health Care Center, will meet March 10 from 11 am - 12 pm in the Library Meeting Room. No cost to participate.

Free Healthy Cooking Demo

Join Chef Toni from The Linden at Woodbridge for a demonstration on how to cook healthy meals for 1 or 2 people. Samples will be provided. The demo will meet March 22 from 11 am to 12 pm in the Library Meeting Room. Please RSVP at 203-389-3430.

Lunch Bunch Returns!

Join in a social outing to lunch at Carmines di Vega in New Haven on Mar. 29. Self-pay for meal at the restaurant. The van leaves at 11:30 am from The Center. Transportation is \$3 per person, or meet at the restaurant. Call The Center to RSVP.



Crafters of all levels enjoyed a workshop on Valentine's Day card making with buttons provided by Deb Urso of Hamden Rehabilitation and Health Care Center.

Fabric Bowl Craft Workshop

Enjoy a casual crafting experience making a unique, functional, fabric bowl. All materials will be provided with personal instruction from Deb Urso of Hamden Rehabilitation and Health Care Center. This free workshop will meet on Mar. 30 from 11 am - 12 pm in the Library Meeting Room.

Happy Spring!

As Anne Bradstreet wrote in Meditations Devine and Moral, "If we had no winter the spring would not be so pleasant: if we did not sometimes taste of adversity, prosperity would not be so welcome."

Even though this past winter was relatively mild, we still look forward to the promised rebirth of spring. Similarly, even though the last year and a half without a designated

Center space has been bearable, in large part due to the generosity and support of other Town departments and local businesses, we eagerly anticipate the reopening of the newly renovated Center. Stay tuned for updates of when programs will resume in The Center lounge and café, the announcement of our Grand Opening, and the expansion of our current offerings including in-person dining again!

Ongoing Activities

Hobbies/Social:

Bridge: Wed., 1-4 pm in the Library Mtg. Room.

Computer Lab: Mon.- Fri., 10 am - 2 pm in Room 13. Printing is available (first 5 pages free).

Craft Group: Tue. and Thu., 10 am - 12 pm, in the Woodbridge Room of the Library. Bring your current knitting or crocheting project to work on while enjoying a lovely time socializing.

Painting for Pleasure with local artist

Carole Abbate: Mon., 10 am - 12 pm, in the Library Meeting Room. Beginners to intermediates are welcome. Paint the subject of your choice. Sessions are consecutive; join anytime. Call for more information or to sign-up for this 6-week, \$36 class. Prorated as needed.

Pinochle: Thu., 1:30-4 pm in Room 16.

Exercise:

Not sure if an exercise class is a good fit? Try a complimentary class first.

Aerobics Class with Laura Richling:

Tue. and Thu., 10-11 am in the Center Building gym. Enjoy a complete aerobic, cardio, and strength training work-out to a variety of music. Bring your own 1 or 2 pound hand weights, if you have them, to use during the class. There is a \$3 fee payable at the start of class.

Pickleball: Mon. - Fri., 12:30-3:30 pm, in the Center Building gym. All levels are welcome. Please call to register. Annual fee: \$20 residents/ \$25 non-residents.

Call Youth Services for information: 203-389-3429. Email npfund@woodbridgect.org or youthone@woodbridgect.org.
Like us on Facebook: Woodbridge-Youth-Services-Woodbridge-CT

6th Grade Meet and Greet

Woodbridge and Bethany 6th grade residents can come together at Amity Middle School-Bethany on Friday, March 31 from 7-9pm in the cafeteria for a fun event. Bring your buddies and make new friends while you dance, play games, and challenge yourself on the inflatable obstacle course. DJ, free refreshments, and raffle tickets for great prizes—all for \$7 payable at the door. Call to register.



Adult and mature high school volunteers are needed. We approve community service hours.

Job Bank Assists Students & Residents

Youth Services offers the Job Bank for students ages 13-18 to gain experience and earn money. Students may contact the Job Bank to schedule an interview. Spring is just around the corner, and outdoor work will be needed. Other jobs include babysitting, housework, animal care, tutoring and tech assistance. Residents may call to hire a student for odd jobs.

Award Nominations

Do you know a Woodbridge youth (18 or under) who has worked to improve the Town of Woodbridge or has assisted its residents?

Please consider nominating that deserving youth for the First Selectman's Youth Award.

School counselors, peers, principals, and group leaders, are encouraged to make nominations. Parents and family members may not nominate relatives. Nominations are due Monday, April 3. Nomination form is on the Town's website.

Students Make Masterpieces

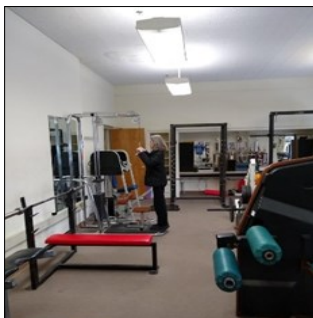
Picasso Parties instructed a winter paint party at Amity Middle School-Bethany. Creativity and friendly conversation flowed as students made their adaptations of a sample painting and enjoyed provided snacks.



Recreation News

Call Recreation at 203-389-3446 or email Recreation@woodbridgect.org. Register at woodbridgect.org.
Select Recreation Registration at the homepage on the Town website to register and view the lineup of program options.

Wellness & Health Fitness Center Expands Hours



The Wellness & Health Fitness Center located in the Center Building expands its hours to include Monday through Friday, 9 am to noon. The new morning hours are added to the existing schedule below.

- * Sat. & Sun.: 8 am - noon.
- * Mon., Wed. & Fri.: 4-9 pm.
- * Tue. & Thu.: 6-8:45 pm.

Please call the Recreation Office with questions regarding membership.

Spring Program Registration

There is still time to register for spring programs including: bowling, basketball, Chess, Clay Date, flag football, gymnastics, Kumon. Little Scientists, Running Club, Taekwondo,

tennis, and Ultimate Team Sports.

Most programs begin the week of March 27. Call 203-389-3446, or use the registration link on the Town website, Woodbridgect.org.

Adult Badminton & Programs

Adult badminton for all skill levels, ages 16 and above, takes place every Wed., 7-9 pm at Beecher Road School, South. Players should bring a racket; nets and birdies are supplied. Spring session takes place March 8 through

May 24, or pay a \$10 drop-in fee.

Registration for adult yoga, T'ai Chi and other adult programs are ongoing. Register online or at the Recreation Office.

Camp Registration Begins April 3

Summer Camp registration will begin April 3 for grades 1-8. Camp will run June 26 - Aug. 4, 9 am to noon. The cost for the six-week camp is \$600 for Woodbridge residents and \$650 non-residents. Register online or at the Recreation Office

The Counselor in Training (CIT) Program is for students going into 9th

grade. The cost is \$650 for residents and \$700 for non-residents. The Volunteer Program is for students going into 10th grade. Limited spots are available for both the CIT & Volunteer Programs. Priority registration is given to students who were enrolled in camp last summer. Call the Recreation Office for details, 203-389-3446.

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