



# News and Events

October 2022

## Fall Updates & Activities

As we head into the fall season, I have updates on some of our ongoing projects which I shared at the September Regular Board of Selectmen Meeting.

You may be aware that the Town of Woodbridge has been named in a civil lawsuit filed by the Open Communities Alliance Trust LLC. The Town will defend this case and we fully expect to be successful. Woodbridge is a diverse and wonderful community, which will be demonstrated at trial, and I am committed to contesting the claims made by the lawyers who brought this suit.

As the Board of Selectmen focus on its Strategic Plan, one goal is to "Maintain and Invest in Infrastructure and Facilities." In this regard, I created a new Town Building Committee to plan improvement projects at Beecher Road School including roof replacement and the Kucinskas Loop.

Milling and road paving are complete. Roads that were paved this year are Homewood Road, Ford Road, Old Mill Road, Oxbow Lane, and Oak Hill Lane from Rimmon Road to Highview Drive.

The ad hoc committee that is working to finish the old fire house renovation and upgrade its surrounding outdoor spaces has been renamed the Community and Cultural Center Building Committee. This change better reflects their work to design the new building for **many** uses including recreational, cultural, and community gathering spaces. This project is completely funded with \$2 million in State grant monies.

At the September Town Plan and Zoning Commission meeting, the proposal submitted by Toll Brothers to build age 55+ housing on Bradley Road and Litchfield Turnpike was unanimously approved.



Related to my efforts to 'grow the grand list', the 2030 Task Force had a very successful public information session on September 15 at New England Brewing Company. About 45 residents, property-owners and business-owners were present to share their feedback and offer ideas after introductory remarks by the 2030 co-chairs Chris Dickerson and Susan Jacobs and a presentation from the consultants at Pirie Associates. The Task Force is in close contact with the Economic Development Commission, which has been focusing on support for existing businesses.

In August, the Town submitted a new Small Town Economic Assistance Program (STEAP) grant application asking the State for \$500,000 to renovate the Center Building gymnasium into a modern, comfortable multi-purpose gym and auditorium with air conditioning. I am thrilled to report that Governor Lamont recently announced that our Town has been awarded the \$500,000 in State funding. We will get this project underway as soon as possible.

I am happy to see so many events and activities throughout Woodbridge this fall. Please see highlights in the **Mark Your Calendar** section at the bottom of this page and the **Woodbridge Happenings** section on page 4. I hope to see everyone out in the community!

As a final note, new Woodbridge residents and new voters are reminded to register to vote for the upcoming election on November 8. See important registration details below.

Please remain safe and take time to enjoy the changing leaves. As always, contact me with any concerns you may have either at 203-389-3401 or [bheller@woodbridgect.org](mailto:bheller@woodbridgect.org).

—First Selectman Beth Heller

## Register to Vote for the November 8 Election

New Woodbridge residents and new voters may register to vote in the general election for State and Federal offices to be held Nov. 8, 6 am - 8 pm, Center Building gym. The ballot will include Federal Offices (Senate & House of Representatives), and State Offices. There will be a ballot question to authorize a change in the State Constitution relating to authorizing early voting in Connecticut Elections. Registration is for US citizens.

**Nov. 1 is the deadline for online & application registration.**  
**Register online** via [voterregistration.ct.gov](https://voterregistration.ct.gov). Obtain a **Voter**

**Registration Application** from Town Hall or download from the Secretary of State website, <https://portal.ct.gov/sots>. Completed applications should be mailed to the Registrar of Voters at 11 Meetinghouse Lane, Woodbridge CT 06525 or return in-person to the Town Clerk's Office.

In-person registration will be held Tue., Oct. 4, 10 am - noon, and Nov. 1, 9 am - 8 pm in the Registrar's Office at Town Hall. Election Day Registration will be held at the

—continued on the bottom of p. 2

### Mark Your Calendars!

- Oct. 1, Sat.:** 40th Annual Woodbridge Road Race & Fun Run. See Recreation Programs on website, [woodbridgect.org](https://woodbridgect.org).
- Oct. 9, Sun.:** 2nd Annual Woodbridge Like Me Day & New Resident Welcome Meet-up. See page 2.
- Oct. 10, Mon.:** Woodbridge Town Offices, Library and Transfer Station will be closed.
- Oct. 31, Mon.:** 11th Annual Truck or Treat sponsored by the Woodbridge Volunteer Fire Association. See page 2.
- Nov. 8, Tue.:** Election for State & Federal Offices, Center Building gym, 6 am - 8 pm. See registration details above.
- Nov. 11, Fri.:** Veteran's Day Ceremony, 11 am. Location details to be announced.



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# Town News

## Reminder to File Personal Property Declarations

Businesses, professionals and farmers are reminded to complete and return Declaration Forms to the Assessor's Office by November 1. Declaration forms must also be filed for owners of:

- non-CT or unregistered motor

vehicles.

- horses, ponies & thoroughbreds.
- mobile manufactured homes not assessed as real estate.

Call the Assessor's Office at 203-389-3416 if a Declaration Form was not received.

## Woodbridge Like Me Day

The ad hoc Woodbridge Committee on Diversity, Equity, and Inclusion will hold its **2nd Annual Woodbridge Like Me Day** on Sun., Oct. 9 from 11 am - 2 pm on the Town Center Green.

This free community event features live performances, a community mural project, local organizations, music, food trucks and more, and is a celebration of our vibrant and diverse Woodbridge community. If rain, the event will be held Mon., Oct. 10.

Prior to the start of this event,



Performance at last year's Woodbridge Like Me Day.

new residents are invited to a **New Resident Welcome** meet-up on the Town Green at 10:30 am. The meet-up is organized by the ad hoc Woodbridge Community Council.

## Truck or Treat—10/31

Don't miss the Woodbridge Volunteer Fire Association's (WVFA) 11th Annual Truck or Treat event on Mon., Oct. 31 from 5-8 pm. The event is open to all Woodbridge, Bethany and Orange residents.

The WVFA wants to continue to provide this spooktacular tradition for our local families. Due to the incredible popularity of this event, we are in need of sponsorships to help cover the cost of candy, decorations, and food. Please join us in continuing to create a safe and fun event for local families. Available sponsorships include:



- **\$500:** Sponsors a Fire Truck with prominent signage.
- **\$250:** Adds your name & logo to the Donor Board.
- **\$100:** Puts your name on a pumpkin sign.

Sponsorships will be mentioned on the Fire Dept. website, and Facebook and Twitter accounts.

Thank you for your support.

## Register to Vote

- continued from p.1

Library Meeting Room directly across from the polling location at the Center Building. Bring ID and proof of residency. Election Day ID requirements can be viewed at [portal.ct.gov/sots](http://portal.ct.gov/sots).

Please contact the office of the Registrars with questions at

[registrars@woodbridgect.org](mailto:registrars@woodbridgect.org) or 203-389-3408.

For absentee voting details go to [myvote.ct.gov/absentee](http://myvote.ct.gov/absentee). Absentee ballots may be downloaded from the Secretary of State website or obtained from the Town Clerks' Office, 203-389-3424.



Visit the Library website 24/7 to access digital resources - [woodbridgetownlibrary.org](http://woodbridgetownlibrary.org)

Library hours: Monday through Thursday: 10 am to 8 pm; Friday: 10 am to 5 pm.

Library will be closed Monday, October 10.

## Join Us for a Special Halloween Event Featuring the Magic of Ed Popielarczyk!

Come to the library for some Halloween magic with one of our favorite entertainers, Ed Pop! He will perform Saturday, October 22 at 2 pm in the Meeting Room. Bring the whole family together for a program filled with magic and wonder!

Ed Popielarczyk is a professional magician, balloon sculptor, and storyteller who



has been entertaining children and family audiences for over 35 years. His magic show uses a lot of audience participation so don't miss out on this opportunity to join in the fun!

There will be a Halloween craft in the Children's Room after the show. All ages are welcome. Please register online.

## Social Security & Your Retirement Future

Learn about the key concepts you need to know before applying for Social Security—how to factor Social Security into your retirement plan, regulation changes, and more! Meets Thursday, October 6 at 6 pm. Register online or at the library.

## Stress and Disease

Up to 90% of all visits to doctors' offices are stress-related, according to Harvard. Come and learn the difference between good and bad stress, increase awareness of how stress impacts the body, and hear about the emerging pattern matching specific symptoms and diseases with specific stresses. This discussion will be presented by Dr. Wendy Hurwitz on Tuesday, October 18 at 2 pm. Register online or at the library.

## Adult Happenings

**Indoor Film Screenings:** Thursdays at 7 pm. Join us on Thursday evenings for a movie screening in our Meeting Room. No registration is required to attend, but seating is first come, first serve. This month, movies will be shown every Thursday except for October 6.

**Woodbridge Scrabble Group:** Every Wednesday from 11 am to 1 pm in the Meeting Room. Play scrabble against your friends and neighbors! Registration is not required.

**Woodbridge Writer's Workshop:** Tuesday, October 25 in the Meeting Room from 3-5 pm. Join area writers as we read and critique our works in a friendly atmosphere. Please register online or at the library. Group meets every fourth Tuesday of the month.

## Llama at the Library!

Come Join us for a fun and educational visit with a live llama from our friends at Country Quilt Llama Farm in Cornwall on Saturday, October 1 at 2 pm.



Get a chance to pet the Llama and pose for a photo! There will be a llama craft in the Children's Room immediately following the program. All ages are welcome. Please register online.

## Friends Book Sale

On October 1 from 10 am -1 pm, the Friends of the Library will have a mini-book sale on the library lawn, and the Bookstore Alley will be open! You can also drop book donations at the library circle. This event is being held in conjunction with the Woodbridge Road Race and the Garden Club Plant Sale.

The Friends will also have tables of books for sale at the Woodbridge Like Me event on Saturday, October 9.

## Stay in the Loop with the Library!

**Sign up for our email newsletters** to receive notifications about events, new offerings, and library hours/closings. We typically only send one email a week. **Join our mailing list** by visiting our website and entering your email address in the form provided. That's it! (You can also give us your email address while in the building.)

# Town Calendar

## Woodbridge Happenings

For event details & registration information, go to the Community Event Calendar at [woodbridgect.org](http://woodbridgect.org).

- 10/1 **40th Annual Woodbridge Road Race**  
Fun Run - 9 am, 5k Race - 10:30 am
- 10/1 **Remember the Ala Mode & Plant Sale**, 10 am  
First Church of Christ, 5 Meetinghouse Lane
- 10/1 **Mini-Book Sale** on the Library Lawn, 10 am
- 10/1 **Wonktober Fest** at New England Brewing Co., 11 am
- 10/1 **Art Exhibition & Poetry Slam** at 10selden, 3 pm
- 10/3- **Lunch & Learn for 55+**, 11:30 am
- 10/12 Library Meeting Room, two unique sessions, 10/3 & 12
- 10/6 **Social Security & Retirement**, 6 pm  
Library Meeting Room
- 10/7 **In-person Virtual Visit to Vermont**, 1 pm  
Library Meeting Room
- 10/9 **New Resident Meet-up on the Green**, 10:30 am
- 10/9 **2nd Annual Woodbridge Like Me Day**, 11 am  
Town Center Green
- 10/9 **She Shines** at New England Brewing Co., 12 pm
- 10/9 **Allie's Dream Fundraiser** at the JCC, 1 pm
- 10/9 **Journaling & Drawing** at Massaro Farm, 3 pm
- 10/13 **Murder Mystery**, Center Building-Rm.16, 55+ 11 am
- 10/13 **Two-day Home Alone Class** for Ages 9-12, 4 pm  
Library Meeting Room
- 10/14 **Halloween Walk-Thru Trail** at the Willows, 6 pm
- 10/15 **Family Fun Night** at Massaro Farm, 4 pm
- 10/15 **Halloween Walk-Thru Trail** at the Willows, 6 pm
- 10/15 **The Nicole Donzello Foundation Tasting**  
Fundraiser at the Woodbridge Club, 7 pm
- 10/18 **Stress & Disease Session** at the Library, 2 pm
- 10/28 **Halloween Spooktacular**, 7 pm  
Amity Middle School - Bethany
- 10/29 **Fall Festival** at Trinity Church, 3 pm
- 10/31 **WVFA 11th Annual Truck or Treat**, 5 pm  
Woodbridge Fire Station.

# Library News

## From the Children's Room

For more information and registration where necessary, please visit our website.

### Baby Group:

Mondays @ 10:30 am. Ages newborn -18 months.  
Songs, rhymes, and finger plays.

### Wednesday Storytime:

Wednesdays @ 10:30 am. Ages infant - 3 years.  
Fun stories, music, and props.

### Thursday Crafts:

Thursdays @ 4 pm. Ages 3 and up.  
New make and take craft every week.

### Coffee and Crafts:

Fridays @ 11:30 am. Ages 2+.  
Coffee and pastries from Café Reblede.

### Fall Yoga for Kids:

Wednesday, 10/12 & 10/26 @ 11 am. Ages 18 months - 3 years.  
Registration required.

### Animal Facts Club:

Monday, Oct. 17 @ 6:30 pm. Ages 7+. Registration required.  
Meets monthly.



### Creative Writing Club:

Wednesday, Oct. 19 @ 6:30pm. Ages 8+.  
Registration required.

### Graphic Novel Club:

Tuesday, Oct. 25 @ 6:30 pm. Ages 9+.  
Registration required. Meets monthly.



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To reach Woodbridge Human Services call 203-389-3429 or 203-389-3415 or email [humanservices@woodbridgect.org](mailto:humanservices@woodbridgect.org)

A **COVID Booster Clinic** will be held on Oct. 13 beginning at 9 am in the Center Building gym. This clinic will be provided by QVHD; booster shots will be available to all residents 55+ and town employees. Please call 203-389-3429 to schedule an appointment.

**Two Flu Clinics:** Human Services will host flu clinics this fall on Oct. 18 from 12-3 pm and Oct. 25, 11 am - 1 pm in the Center Building gymnasium. High-dose and regular quadrivalent vaccines will be available at each clinic. Preregistration is required for each clinic. Please call for more information on participating insurance.

**Safety Programs:** In honor of Alzheimer's Awareness month, the Woodbridge Police Department in conjunction with the Human Services Department will launch two new safety programs, the Alzheimer's/Dementia Safety Alert Program and the Autism Safety Alert Program. These two programs are de-

signed for families of individuals with dementia, Alzheimer's disease, or those with Autism Spectrum Disorder. This program will create a database to be used by the Police Department in cases of missing persons and interactions with police, etc. Family members and caregivers will be asked to register loved ones to provide information to a database which could be accessed by officers when needed in an emergency. Please call for in-take forms.

**Food Pantry:** Residents in need may call for access to non-perishable food each month. The food pantry needs donations of peanut butter, jams, canola/olive oils, shelf stable milk, coffee, hot and cold cereal, mac and cheese, snack foods, salad dressing, dish soap, deodorant, paper towels, cleaning sprays, laundry detergent, and gift cards for groceries. Kindly check expiration dates prior to donating.

**Energy Assistance Program:** Quali-

fying residents may now schedule an appointment to apply for the 2022 - 2023 CT Energy Assistance Program administered by TEAM, Inc. For more information regarding this program, please call Judi Young at 203-389-3429.

**Adopt-A-Family:** Human Services seeks sponsors for the Adopt-A-Family program. The program provides holiday food baskets for the December holidays to Woodbridge families in need. Distribution of the baskets will take place in early December. If interested, please call the department by Oct. 29. Gift cards are also welcome for this program.

**Food Drives:** Please consider donating to two upcoming food drives. The Woodbridge Police Department will accept non-perishable food items on Oct. 1 at the Woodbridge 5K Road Race and the annual Boy Scout food drive and collection will take place on Oct. 29. Each food drive benefits the Woodbridge Food Pantry and local families.

## Woodbridge Center News

The Center is for everyone 55+!

Please call 203-389-3430 or email [kmoriarty@woodbridgect.org](mailto:kmoriarty@woodbridgect.org) with any questions or to register for programs.



Whitney Rehabilitation Care Center arranged a delightful Luncheon in the Grove sponsoring music by Alex Lentini, sandwiches and chips by Maplewood at Orange, dessert by Atrinity Home Care, and beverages by Senior Planning Services.

### Sponsored Lunches:

**Spooky Sponsor Social with lunch and a movie:** Come to the Center Building gym between 12-1 pm on Oct. 27 to express your appreciation to the past year's drive-thru sponsors and learn more about these generous local businesses. After going through this Health Fair style event, pick-up a delicious lunch to go sponsored by **Coachman Square at Woodbridge and Whitney Rehabilitation Care Center** to enjoy before watching Phantom of the Opera

in the library Meeting Room at 1:15 pm. Please RSVP by Oct. 20 to participate in this fun event.

### Services:

**Tech Tue. and Thu., 2:45-4:15 pm:** Need some help navigating your computer, laptop, tablet, or smart phone? Call to sign-up for a 1:1 session in The Center's computer lab with patient, knowledgeable Amity High School student volunteers. No charge.

**Transportation** for medical appointments is available for those age 60+ or with a long or short-term disability, Mon.-Fri., 9 am - 4 pm. Transportation for grocery shopping, banking, pharmacy pick-up, and social engagements are also available. Call to arrange car or wheelchair accessible van transportation. Vehicles are cleaned between use.

**Meals:** Healthy, well balanced, flash frozen meals are available for **\$5.25/meal**. Order by noon on Mon. for delivery to your home on Tue. Choose from a wide variety of options including stuffed flounder, eggplant rollatini,

chicken piccata, and fresh Cobb salad with grilled chicken breast. Meals include a roll, fresh fruit, and dessert. Two meal minimum. Frozen soups are available for **\$1.50** per 10 oz. container. Varieties include: Italian wedding, beef orzo, chicken noodle, and many more. Call 203-389-3430 to place your order.

**Friendly Visitor Program:** Call Judi Young, Human Services Social Worker, at 203-389-3429 to arrange for a friendly visitor.

**Medical Loan Closet:** A wide variety of medical equipment is available for lending. Call for more information. Donations are gladly accepted!

**Job Bank:** Residents may call Nancy Pfund, Youth Services Director, at 203-389-3429 to hire a student worker. Schedule helpers now for fall clean-up, and more.

### Updates:

**Facebook/e-blasts:** Follow us on Facebook (The Woodbridge Center, Woodbridge CT) and call to sign-up for email blasts for Center updates.

# Woodbridge Center News

*The Center is for everyone 55+! Call 203-389-3430 or email [kmoriarty@woodbridgect.org](mailto:kmoriarty@woodbridgect.org) to register or for more details. Masks will be required for all indoor Center programming and events when New Haven County is in a "high" level based on the CDC's tool for monitoring COVID-19 in the community. For the safety of others, please stay home if you have symptoms of COVID-19, have been exposed to someone with COVID-19 or if you tested positive for COVID-19.*

## Special & New Activities

**Lunch and Learn: Hearing Loss is Tiring:** Join Dr. Willa Horowitz, audiologist/owner of Acuity Hearing Solutions, LLC, for a presentation to learn ways to conserve and preserve hearing and understand the consequences of not recognizing or treating hearing loss. A delicious lunch, *sponsored by Coachman Square at Woodbridge*, will be served. This workshop will take place on Oct. 3, from 11:30 am to 12:30 pm in the library Meeting Room. Please call 203-389-3430 to register.

**New start date: Free Lifestyle Change Program - in-person and on Zoom:** Join this updated evidence-based Lifestyle Change Program led by a certified lifestyle coach. The program, for those over 60, now includes 16 weekly sessions on Tue. from 1-2 pm in Rm. 16 followed by 7 bi-weekly sessions on disease prevention, weight loss, stress management, and more. A weekly 45-minute exercise class on Tue. from 12-12:45 pm and 6 private sessions with a Registered Dietician are also included. This program is funded through a grant from the *Agency on Aging South Central CT* and provided by non-profit *Monitor My Health*. Join anytime. New session begins Oct. 4. Call to register.

**In-person Virtual Visit to Vermont:** Come enjoy a virtual visit to VT



Participants enjoying Ilana Zaks performance of *The Violin Reimagined*. This wonderful event was made possible through a grant from Agency on Aging.

while exploring the delicious tastes for which VT is known. Sponsored by *Hamden Rehabilitation and Health Care Center*, this program will take place on Oct. 7 from 1-2 pm in the library Meeting Room. Call to RSVP.

**Lunch and Learn: What's New for Medicare in 2023 and How to Prepare for the Annual Enrollment Period:** This workshop presented by Jeffrey Comen, local Medicare Advocate/Broker, will cover what is new for Medicare in 2023 and how to prepare for the Medicare Annual Enrollment Period. Enjoy lunch sponsored by *Coachman Square*. Meets Oct. 12, from 11:30 am to 12:30 pm in the library Meeting Room. Please call 203-389-3430 to register.

**Murder Mystery:** Get into the Hal-

loween spirit with this suspenseful, interactive game of mystery and intrigue. Participants will be divided into teams, then look through a case file together to solve the crime. There will be evidence reports, toxicology, and autopsy reports. Be sure to call 203-389-3430 to sign-up for this fun program. Meets Oct. 13 from 11 am - 12 pm in Room 16.

**Diabetes Management Class:** This 6-week program provides the tools you need to better manage your diabetes or prediabetes whether newly diagnosed or a pre-existing condition. Spouses or support persons are welcome to attend. This class is brought to you by *Griffin Hospital* and *Agency on Aging of South Central CT*. Mondays from 6-8 pm in the library Meeting Room beginning Oct. 17. Call to RSVP.

**Lunch and Learn: Conservatorship, Guardianship, and Supported Decision Making:** This workshop, presented by *Drazen Rubin Law*, provides information on navigating the complicated world of special needs planning including key benefits and available resources as well as power of attorney, estate planning, financial considerations, and more. RSVP to enjoy lunch while attending this presentation on Oct. 19 from 11:30 am - 12:30 pm in the library Meeting Room.

## Ongoing Activities

### Hobbies/Social:

**Bridge:** Wed. and Fri., 1-4 pm in the library Meeting Room.

**Computer lab:** Mon.- Fri., 10 am - 2 pm in Room 13. Printing is available (first 5 pages free).

**Craft Group:** Tue. and Thu., 10 am - 12 pm, in the Woodbridge Room at the library. Bring your current knitting, crocheting, or needlepoint project to work on while enjoying a lovely time socializing.

**Painting for Pleasure with local artist-Carole Abbate:** Mon., 10 am - 12 pm, in the library Meeting Room. Creating your own paintings as Carole helps inspire beginners to intermediates to paint

with acrylics or watercolors. Paint the subject of your choice; bring a note card or photo for inspiration. Sessions are consecutive—join anytime. Call to sign-up for this 6-week, \$36 class.

**Pinochle:** Thu., 1:30-4 pm in Room 16.

**Exercise:** Not sure if an exercise class is a good fit? Try a complimentary class.

**Hybrid Aerobics Class with Laura Richling:** Tue. and Thu., 10-11 am in the Center Building gym and on Zoom. Enjoy a complete aerobic, cardio, and strength training work-out to a variety of music. Bring your own 1 or 2 pound hand weights, if you have them, to use during the class. There is a \$3 fee payable at the start of class, or invoiced

monthly for Zoom participants. Please call for link.

**Pickleball:** Mon. through Fri., 12:30-3:30 pm, in the Center Building gym, and 7 days/week at the Town's Tennis Courts. All levels are welcome. Please call to register.

**Zumba Gold with Amanda Aranzullo:** Fri., 9-9:45 am, in the Center Building gym. Who says exercise can't be fun? This fun "dance party" focuses on all elements of cardiovascular health, muscular conditioning, flexibility, and balance. No prior Zumba experience required. The fee is \$30 for a 6-week session.



Call Youth Services for information: 203-389-3429. Email [npfund@woodbridgect.org](mailto:npfund@woodbridgect.org) or [youthone@woodbridgect.org](mailto:youthone@woodbridgect.org).  
Like us on Facebook: [Woodbridge-Youth-Services-Woodbridge-CT](#)

## Halloween Spooktacular at AMSB

Seventh and eighth grade Woodbridge and Bethany residents and all Amity Middle School-Bethany students are welcome. Grab a costume and be there on Friday, October 28 from 7-9 pm in the AMSB gym at 190 Luke Hill Road in Bethany.



Fee of \$7 covers games, DJ, dancing, refreshments, and raffle. Get your team of five together for the Mummy Wrap. More details on website, Facebook, and in school newsletter. Adult and mature high school student volunteers needed.

## Home Alone Class

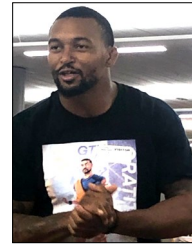
Two-day class for ages 9-12 on Thursday Oct. 13 & 20 from 4-5 pm will be held in the Woodbridge Library Meeting Room. Students learn about answering the door and phone, emergencies, calling 911, healthy snacks, and internet safety. Snack is provided. Advance payment of \$15 and permission form will reserve your spot. Call to sign up early as space is limited.

## Volunteers Sought

The Youth Advisory Board makes recommendations for Youth Services programming and seeks to include a diverse membership to support our diverse population. A few positions remain open for adults and high school students. Interested residents may contact Youth Services for information.

## Shamiel Gary Motivates Students

Former NFL player Shamiel Gary presented a motivational speech to Amity Middle School students and held sessions to discuss goal setting, self-respect, and celebration of others. Students were excited to



play games, and hear Gary's talk about self-reflection and being your best self.

Both Woodbridge and Orange Youth Services, BOWDAAC, and Amity Regional School District sponsored the event.

## Recreation News

Call Recreation at 203-389-3446 or email [Recreation@woodbridgect.org](mailto:Recreation@woodbridgect.org). Register at [woodbridgect.org](http://woodbridgect.org).  
Select Recreation Registration at the homepage on the Town website to register and view the lineup of program options.

## Recreation Office Relocated & New Online Registration!

Visit our new office in the lower level of Town Hall at 11 Meetinghouse Lane. Our hours are Monday through Friday, 8:30 am - 4:30 pm.

A new online registration is now available through the Rec-

reation Registration link on the Home Page of the Town website, [woodbridgect.org](http://woodbridgect.org). To get started, set up a new account to view all recreation options, then conveniently register and pay. Please call with questions.

## Winter Youth Basketball

It is time to register for the winter basketball leagues. The Classic Basketball League takes place Tuesday evenings for grades 4, 5, and 6, and runs Dec. 6 - Mar. 28 from 6-8 pm. The cost is \$140.

Wednesday evenings mark the return of the High School League for grades 9-12. The cost is \$75 for an individual or

\$550 for a team. This league runs Dec. 7 - Mar. 29, and meets 7-8:30 pm.

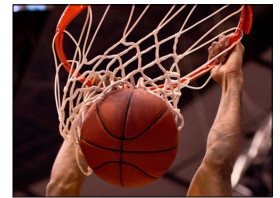
The Junior High League, for grades 7-9, meets Thursday evenings between 6-8pm from Dec. 8 - Mar. 30. The cost is \$140.

Space is limited in all leagues. Call the Recreation Office for more information.

## Fall Programs Available

There is still time to register for fall youth programs including basketball, bowling, flag football, gymnastics, and Running Club. Prorated prices are available.

For information, call 203-389-3446, or register online via the Recreation Registra-



tion link on the Home Page of the Town website at [woodbridgect.org](http://woodbridgect.org).

## Adult Classes

Yoga with Diane King will continue with classes Mon. and Wed. mornings, 10:30-11:45 am and Mon. evenings, 5:30-6:45 pm.

Bill Banick yoga classes will take place Mon. through Fri., 8:30-9:45 am, and Tue. day evenings 5:30-6:45 pm. Classes will be held in the

Center Building, Room 16 or outside weather permitting. Ongoing registration is available.

Adult Badminton has returned on Wed. evenings, 7-9 pm. Ongoing registration is in progress; a prorated fee is available, or pay a \$10 drop-in fee.

**The annual Pool Shut began in September.**

Please stay tune for the pool reopening date on the Recreation page on the Town website, [woodbridgect.org](http://woodbridgect.org).



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