



News and Events

November 2022

Renovation Projects & Business District Update

I am happy to report that the Board of Selectmen met in person for our October 12 meeting. Thank you to everyone for wearing masks, as we endeavor to continue to respect each other, and try to keep one another healthy—especially those who are immunocompromised or recovering from an illness. I thank everyone for their kindness.

I'd like to report on the many ongoing projects. First, the **Community & Cultural Center Building Committee** met with Silver Petrucelli architects to review their proposal for the interior of the Old Firehouse, and to engage ARIS Land Studio to develop a plan for outdoor space. Input from Town residents is planned for January. This \$2 million project is funded from state grants.

The **Center Renovation Building Committee** revised and re-issued the Request for Qualifications for Architectural / Engineering Services for this project. Firms will be interviewed in November, followed by recommendations to the Board of Selectmen. The goal is to have a firm under contract in December. I will seek state and federal funding for this project.

The **Senior Center renovation project** is underway with Olympus Construction and Silver Petrucelli & Associates working with Town staff. Silver Petrucelli submitted the project for United Illuminating review to access incentives for improving energy solutions. The good news is the project grant included \$8,000 for the HVAC ERV (Energy Recovery Ventilation) units at \$250/ton, and \$1,864 for lighting design totaling \$9,864. This project is funded with state grant funds.

Our new ad hoc **Town Building Committee for Beecher School Capital Projects** held their first meeting. Along with building improvements, the Committee will review the Beecher pool to improve its existing conditions and bring it into code compliance, as well as address possible security



upgrades. We will apply for grant funding.

The \$500,000 Small Town Eco-nomic Assistance Program (STEAP) grant, recently awarded to the Town, will be used for the new **HVAC system in the Center Building gym and restroom upgrades.**

Cardinal Engineering is working on the initial design for the **Town Center Sidewalk Project**, funded with a state grant. Most likely, this project will take place during the summer of 2023 once school is out of session and our Town Center is less busy.

Several months ago, I met with a clinical-stage nonprofit biotechnology company, Cure Rare Disease. The company develops therapeutics for rare and ultra-rare neuromuscular diseases. I am so pleased that Cure Rare Disease announced they have acquired their first laboratory space in Woodbridge, and will relocate their Boston headquarters to the 30,000 square-foot facility at 4 Research Drive. They plan to lease 15,000 square feet to other life science and healthcare firms. This is great news.

As you may know, the 2030 Task Force is focused on making our business district an attractive destination as well as diversifying our grand list. They will hold a second public information session at New England Brewing Co. on **Tuesday, November 29 at 6 pm**. Woodbridge business owners, residents and interested parties are encouraged to attend.

Our Veteran's Day Ceremony will be held at 11 am on Friday, November 11 in the Center Building gym. Doors will be open for ventilation—dress warmly. Masks are required.

Lastly, I remind everyone to please **Vote on Tuesday, November 8**. See details below.

As always, do not hesitate to reach out to me by email at bheller@woodbridgect.org or by phone at 203-389-3401.

—First Selectman Beth Heller

Election Day is Tuesday, November 8

Polls will open for the election on Tuesday, November 8 from 6 am to 8 pm at the Center Building gym, 4 Meetinghouse Lane. Masks and social distancing are recommended.

Absentee ballots must be returned by 8 pm on Election Day.

The ballot will include Federal Offices (Senate & House of Representatives), and State Offices. There will be a ballot question to authorize a

change in the State Constitution relating to authorizing early voting in Connecticut Elections.

Election Day Registration will be held at the Library Meeting Room directly across from the polling place. You will need to bring both ID and proof of residency to register. Election Day ID requirements can be viewed at portal.ct.gov/sots.

Please contact the Registrars with questions at registrars@woodbridgect.org or 203-389-3408.



Veterans Day Ceremony (Nov. 11): Center Building gymnasium, 11 am. Masks are required.

Veterans Day (Nov. 11) Town Offices, the Library & Transfer Station will be closed.

-The Transfer Station & Library will be **open** Nov. 12 (Sat.).

Thanksgiving Holiday (Nov. 24-25): Town Offices and the Library will be closed.

-The Transfer Station will be **closed** Nov. 24 and **open** Nov. 25 & 26 (Fri. & Sat.); The Library will be **open** Nov. 26 (Sat.).



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Town News

Interest Free Home Repair Loans Available to Woodbridge Residents

The Town of Woodbridge Housing Rehabilitation Program provides funds for low and moderate income homeowners to make needed repairs to their homes.

One of the benefits of this program is that the money goes out as 0% interest loans. Loans are not due and payable until the house changes title. For homeowners who cannot obtain funds through bank loans, this program is a wonderful option that requires

no out-of-pocket costs. The program also allows the Town to establish a revolving loan fund in perpetuity to provide assistance to additional residents who need home repairs. Over the years the program has helped residents with failed furnaces, roofs, windows, and septic systems as well as entrance ramps and bathroom modifications.

Contact Tax Collector Pat Crisco at 203-389-3425 for applications and information.

Be "Bear Aware"

Black bear sightings have increased in Woodbridge and other CT communities. They become increasingly active in finding food as winter approaches because they den from late Nov. to mid-Mar.

The Woodbridge Regional Animal Control warns to be "Bear Aware", and to keep safe with a few "bear" basics.

- Never feed or approach bears.

- Secure food, garbage & recycling.
- Remove bird feeders and do not leave pet or other food outdoors.
- Alert neighbor to bear activity.
- Carry bear spray and know how to use it—it can be effective.
- Avoid dog and bear interaction.

For more information, go to BearWise.org or visit CT DEEP: <https://portal.ct.gov/DEEP/Wildlife/Fact-Sheets/Black-Bear>.

Fall Driving Tips & Vehicle Safety

The Woodbridge Police Department offers a few safety tips below. For more details, check out the Police Dept. page on the Town website.

- Drive slower through fog and after dark.
- Exercise caution in mornings and afternoons as sun "glare" creates difficult driving.
- Use caution—wets leaves create a slick driving pavement.
- Be alert for darting deer during fall mating & migration patterns.
- Keep your vehicle properly maintained, and keep an emergency kit readily accessible.
- Keep valuables out of plain view and properly secured to decrease vulnerability.

Safety Tips from the Fire Dept.

With the start of the heating season, and families spending more time indoors, the potential for structure fires and carbon monoxide incidents increases. Be sure to have working smoke detectors, and carbon monoxide detectors properly installed throughout your home. Install smoke alarms outside each sleeping area and on **every** level of the home, including the basement.

Other safety tips include:

- Change alarm batteries when you "fall back" on Nov. 6.
- Clear the area around the furnace before turning on the heat.
- Practice your family fire escape plan.
- Safely use space heaters; keep combustible 3' from the heat.
- Have the chimney inspected before using the fireplace.

Library hours: Monday through Thursday: 10 am to 8 pm; Friday & Saturday: 10 am to 5 pm.
Visit the Library website 24/7 to access digital resources - woodbridgetownlibrary.org

The Library will be closed Friday, November 11 for Veterans Day and Thursday & Friday, Nov. 24 & 25 for the Thanksgiving Holiday.

Turkey Trouble — Children's Theater Workshop with Ingrid Schaeffer

Children will love acting out this funny story! Within the time span of an hour, all the children will be up on their feet and enacting this humorous tale about a turkey who tries to disguise himself as a horse, cow, pig, lamb, rooster, and finally, a pizza delivery person!

Everyone will get a part and a costume to wear as they act out this very funny story.

A creative art activity ends this drama unit!

Ingrid Schaeffer, the workshop leader, is



chair of the Theatre Department at ACES Educational Center for the Arts in New Haven. She is also the director of her own private creative dramatic program, Interact Summer Theatre, for children ages 7-15. She has also performed in theaters in Connecticut, New York, Maine, Vermont and Chicago.

Please register online. This program is strictly for ages 5-9. This event will be held in the first floor Meeting Room.

We've Changed the Address of Our Website!

The address of the Library website has been changed to woodbridgetownlibrary.org. This change was made to increase the ease and security of our site. It had formerly been woodbridge.lioninc.org. Please update your bookmarks!

Want to Contact us?

Circulation/ Front Desk:

- askus@woodbridgetownlibrary.org or 203-389-3433

Adult Services/Reference:

- reference@woodbridgetownlibrary.org or 203-389-3434

Children's Department:

- childrens@woodbridgetownlibrary.org or 203-389-3439

Follow Us on Social Media

- **Facebook:** woodbridge.town.library
- **Instagram:** woodbridgetownlibrary
- **TikTok:** woodbridge_town_library

Adult Happenings

Woodbridge Scrabble Group, Every Wednesday from 11 am to 1 pm in the Meeting Room. Play scrabble against your friends and neighbors! Registration is not required.

Woodbridge Writer's Workshop, Tuesday, November 22 in the Meeting Room from 3 pm to 5 pm. Join area writers as we read and critique our works in a friendly atmosphere. Please register online or at the Library. Group meets every fourth Tuesday of the month.

Indoor Film Screenings. Thursdays at 7 pm. Join us on Thursday evenings for a movie screening in our first floor Meeting Room. Registration is not required to attend, but seating is first come, first serve. This month, movies will be shown every Thursday except for November 24. The movies for this month are:

- **November 3:** *Rumble: The Indians Who Rocked the World*
- **November 10:** *Top Gun: Maverick*
- **November 17:** *N. Scott Momaday: Words from a Bear*



Stay in the Loop with the Library!

Sign up for our email newsletters to receive notifications about events, new offerings, and library hours/closings. We typically only send one email a week. **Join our mailing list** by visiting our website and entering your email address in the form provided. That's it! (You can also give us your email address while in the building.)

Town Calendar

Woodbridge Happenings

Registration may be required & space may be limited. For event details go to: woodbridgect.org

- 11/1 **The Pollinator Pathway: "Bee" on It!** 7 pm
JCC-hosted by Woodbridge Land Tr., & Garden Club
- 11/3 **Home Alone Two-Day Class**, 4-5:15 pm
& 10 for ages 9-12, Library Meeting Room
- 11/6 **Natural Wreath Making**, 1 pm
Massaro Community Farm
- 11/8 **Election Day**, polls open 6 am - 8 pm
Center Building gym
- 11/10 **Mason Jar Luminary Craft**, 11 am
for 55+, Library Meeting Room
- 11/11 **Veterans Day Ceremony**, 11 am
Center Building gym
- 11/12 **Christmas Bazaar & Craft Fair**, 9 am
Our Lady of Assumption Church
- 11/14 **AAA Driver Improvement Class**, 9 am
Library Meeting Room
- 11/17 **Thanksgiving Drive-thru Feast**, 12 pm
for 60+, The Woodbridge Center
- 11/17 **Sip & Sign**, 6:30 pm
Massaro Community Farm
- 11/19 **Fall Classical Concert**, 4 pm
Woodbridge First Church of Christ
- 11/24 **Happy Thanksgiving!**

*Town Calendar events will be highlighted here.
Woodbridge businesses and organizations are
encouraged to add events to:
woodbridgect.org/calendar*

*Interested in placing an ad in this newsletter?
Email tbelenski@woodbridgect.org for information.*

Library News

From the Children's Room

*For more information and registration where necessary,
please visit our website.*

Baby Group:

Mondays @ 10:30 am. Ages newborn -18 months.
Songs, rhymes, and finger plays.

Wednesday Storytime:

Wednesdays @ 10:30 am. Ages infant - 3 years.
Fun stories, music, and props.

Thursday Crafts:

Thursdays @ 4 pm. Ages 3 and up.
New make and take craft every week.

Coffee and Crafts:

Fridays @ 11:30 am. Ages 2+.
Coffee and pastries from Café Reblede.

Fall Yoga for Kids:

Wed. 11/9 and 11/23 @ 11 am. Ages 18 months - 3 years.
Registration required.

Animal Facts Club:

Monday, Nov. 14 @ 6:30 pm. Ages 7+.
Registration required. Meets monthly.

Creative Writing Club:

Wednesday, Nov. 16 @ 6:30 pm. Ages 8+.
Registration required.



Teen Advisory Board:

Monday, Nov. 7 @ 2:30 pm.
Ages 13+.
Registration required. Meets monthly.

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To reach Woodbridge Human Services call

Safety Programs: The Woodbridge Police Department, in conjunction with the Human Services Department, will launch two new safety programs: the Alzheimer's/ Dementia Safety Alert Program and the Autism Safety Alert Program. These two programs are designed for families of individuals with dementia, Alzheimer's disease, or those with Autism Spectrum Disorder. This program will create a data base to be used by the Police Department in cases of missing persons and interactions with police, etc. Family members and caregivers can register loved ones and provide information to a data base which could be accessed by officers when needed in an emergency. Call for more information.

Food Pantry: Residents in need may call for access to non-perishable food each month. The food pantry needs donations of peanut butter, jams, canola/olive oils, shelf stable milk, coffee,



Dr. Andrew Graham receives the bivalent COVID-19 vaccine booster dose during the Human Services' clinic provided by the Quinnipiac Valley Health District.

hot and cold cereal, mac and cheese, snack foods, salad dressing, dish soap, deodorant, paper towels, cleaning sprays, laundry detergent, and gift cards for groceries. Kindly check expiration dates prior to donating.

203-389-3429 or 203-389-3415 or email

Energy Assistance Program: Qualifying residents may now schedule an appointment to apply for the 2022 - 2023 CT Energy Assistance Program administered by TEAM, INC. For more information regarding this program, please call Judi Young at 203-389-3429.

Adopt-A-Family and Resident Assistance Fund: If you missed the deadline to sign up to adopt-a-family, but still would like to contribute, please call Human Services to make a donation of gift cards. The program provides food baskets for the Dec. holidays to Woodbridge families in need. Distribution of the baskets will take place in early Dec.

Year-round donations to the Resident Assistance Fund (RAF) are welcome at any time.

Needed! Medical Loan Closet: Transport chairs and regular wheelchairs, in good working order, are needed for the Medical Loan Closet. Please contact Human Services to donate.

Woodbridge Center News

The Center is for everyone 55+!

Please call 203-389-3430 or email kmoriarty@woodbridgecenter.org with any questions or to register for programs.



J. Esposito, Chef B. Pfnausch, C. Davino, K. Moriarty, and J. Glicksman get ready to distribute lunches at Coachman Square's Annual Town Picnic (drive-thru) held on September 13.

Nov. 17 in front of The Woodbridge Center. Please call to RSVP by Nov. 10. Space is limited.

Services:

Tech Tue. and Thu., 2:45-4:15 pm: Need help navigating your computer, laptop, tablet, or smart phone? Call to sign-up for a 1:1 session in The Center's computer lab with patient, knowledgeable Amity High School student volunteers. No charge.

Transportation for medical appointments is available for those age 60+ or with a long or short-term disability, Mon.-Fri., 9 am - 4 pm. Transportation for grocery shopping, banking, pharmacy pick-up, and social engagements are also available. Call to arrange car or wheelchair accessible van transportation.

Meals: Healthy, well balanced, flash frozen meals are available for \$5.25/meal. Order by noon on Mon. for delivery to your home on Tue. Choose from a wide variety of options including honey glazed salmon, baked ziti, chicken

piccata, and fresh Cobb salad with grilled chicken breast. Meals include a roll, fresh fruit, and dessert. Two meal minimum. Frozen soups are available for \$1.50 per 10 oz. container. Varieties include: Italian wedding, beef orzo, chicken noodle, and many more. Call 203-389-3430 to place your order.

Friendly Visitor Program: Call Judi Young, Human Services Social Worker, at 203-389-3429 to arrange for a friendly visitor.

Medical Loan Closet: A wide variety of medical equipment is available for lending. Call for more info. Donations of transport chairs are needed!

Job Bank: Residents may call Nancy Pfund, Youth Services Director, at 203-389-3429 to hire a student worker. Schedule helpers for fall clean-up, party assistance, gift wrapping, and more.

Updates:

Facebook/e-blasts: Follow us on Facebook (The Woodbridge Center, Woodbridge CT) and call to sign-up for email blasts for Center updates.

Sponsored Lunches (for residents 60+):

Thanksgiving Drive-thru Feast: We are thankful to our generous sponsors: *Coachman Square, The Linden, The Willows and the Woodbridge Police Union* for the opportunity to offer this delicious, traditional Thanksgiving feast! Enjoy turkey, stuffing, mashed potatoes and gravy, freshly roasted vegetables, roll, and pumpkin pie from Lasse's Catering. Pick-up is 12-1 pm on

Woodbridge Center News

The Center is for everyone 55+! Call 203-389-3430 or email kmoriarty@woodbridgect.org to register or for more details. Masks will be required for all indoor Center programming and events when New Haven County is in a "high" level based on the CDC's tool for monitoring COVID-19 in the community. For the safety of others, please stay home if you have symptoms of COVID-19, have been exposed to someone with COVID-19 or if you tested positive for COVID-19.

Special & New Activities



A deliciously entertaining Taste of VT program presented by Hamden Health was enjoyed by all!

Free Updated Lifestyle Change Program - in-person and on Zoom: Join this updated evidence-based Lifestyle Change Program led by a certified lifestyle coach. The program, for those over age 60, now will have guest speakers and includes 16 weekly sessions on Tue. from 1-2 pm in Rm. 16 followed by 7 bi-weekly sessions on disease prevention, weight loss, stress manage-

ment, and more. A weekly 45-minute exercise class on Tue., 12-12:45 pm and 6 private sessions with a Registered Dietician are also included. This program is funded through a grant from the **Agency on Aging of South Central CT** and provided by non-profit **Monitor My Health**. Join anytime. Call to register.

Diabetes Management Class: This 6-week program provides the tools you need to better manage your diabetes or prediabetes whether newly diagnosed or you have had diabetes for years. Spouses or support persons are welcome to attend. Brought to you by **Griffin Hospital** and **Agency on Aging of South Central CT**. Mondays from 6-8 pm in the Library's Meeting Room beginning Nov. 14. Call to RSVP.

Mason Jar Fall Luminary Craft: Come enjoy this fun crafting activity with Deb Urso of **Hamden Rehabilitation and Health Care Center**!

All of the supplies will be provided to make a beautiful autumnal mason jar luminary that can be illuminated with a candle. No charge. Program will meet in the Library Meeting Rm. on Nov. 10 from 11 am - 12 pm. Please call to register.

AAA Driver Improvement Class: Members and non-members may be able to lower their auto insurance costs by taking this class on Nov. 14 from 9 am - 1 pm in the Library Meeting Room. No charge. Pre-registration is required.

Save the Date!

- Dec. 2:** Lunch & Learn: Cardiovascular Disease
- Dec. 8:** Gnome Wine Topper Craft
- Dec. 16:** Christmas in London

NEW, Free Session: Tai Ji Quan: Moving for Better Balance (TJQ:MBB)

TJQ:MBB is a highly sought after, research-based fall prevention exercise program which uses slow, purposeful movements to improve strength, mobility, balance, and daily function to prevent falls. It is designed for adults over 60 years of age. Classes are taught by specially trained local instructor, Bill Banick, in a supportive environment. The program can accommodate individuals who need some assistance with

walking, such as with a cane. No prior experience with Tai Ji is needed. This 24-week (48 class) program is offered for no charge in partnership with the **CT Healthy Living Collective** and funded by the **State Unit on Aging**.

The program begins Jan. 9, 2023 and will meet Mondays and Fridays from 11 am - 12 pm in the Center Building gymnasium. Call 203-389-3430 to register. Space is limited!

Ongoing Activities

Hobbies/Social:

Bridge: Wed. and Fri., 1-4 pm in the Library Meeting Room.

Computer Lab: Mon.- Fri., 10 am - 2 pm in Room 13. Printing is available (first 5 pages free).

Craft Group: Tue. and Thu., 10 am - 12 pm, in the Woodbridge Room of the Library. Bring your current knitting or crocheting project to work on while enjoying a lovely time socializing.

Painting for Pleasure with local artist Carole Abbate: Mon., 10 am - 12 pm, in the Library Meeting Room. Enjoy creating your own paintings as Carole helps inspire beginners to intermediates to paint with acrylics or watercolors.

Paint the subject of your choice; bring a note card or photo for inspiration. Sessions are consecutive - join anytime. Call to sign-up for this 6-week, \$36 class.

Pinochle: Wed. 1-4 pm and Thu., 1:30-4 pm in Room 16.

Exercise: Not sure if an exercise class is a good fit? Try a complimentary class.

Hybrid Aerobics Class with Laura Richling: Tue. and Thu., 10-11 am in the Center Building gym and on Zoom. Enjoy a complete aerobic, cardio, and strength training work-out to a variety of music. Bring 1 or 2 pound hand weights, if you have them, to use during the class. There is a \$3 fee payable at the

start of class, or invoiced monthly for Zoom participants. Please call for link.

Pickleball: Mon. through Fri., 12:30-3:30 pm, in the Center Building gym, and 7 days/week at the Town's Tennis Courts. All levels are welcome. Please call to register. Annual fee: \$20 residents/\$25 non-residents.

Zumba Gold with Amanda Aranzullo: Fri., 9-9:45 am in the Center Building gym. Who says exercise can't be fun? This fun "dance party" focuses on all elements of cardiovascular health, muscular conditioning, flexibility, and balance. No prior Zumba experience required. The fee is \$30 for a 6-week session and will be prorated as needed.

Call Youth Services for information: 203-389-3429. Email npfund@woodbridgect.org or youthone@woodbridgect.org.
Like us on Facebook: Woodbridge-Youth-Services-Woodbridge-CT

Home Alone Class Rescheduled

This **two-day class** for ages 9-12 will be held Thursday, Nov. 3 & 10 from 4-5:15 pm in the Woodbridge Town Library Meeting Room. Students learn about answering the door and phone, emergencies, calling 911, and healthy snacks. House rules and internet safety topics are

discussed.

Students receive an information packet to share with parents. Snacks and water are provided.

Advance payment of \$15 and permission form will reserve your spot. Call to sign up early as space is limited. Sibling discount applies.

Paint Party at AMSB

All Amity Middle School-Bethany students are invited to register for the Youth Services Paint Party in the West Cafeteria on Friday, November 18 from 2:30 to 4:30 pm. Artist Samantha Woodruff guides you through painting a beautiful fall scene. Fee of \$20 covers instruction, materials, and snack. No artistic ability needed. Call soon. Advance payment and permission form required. Sibling discount applies.

Community Service Opportunities

Teens and adults who have talents to share may contact Youth Services to volunteer in the Woodbridge Food Pantry, at Youth Services Programs, or as needed in the community. Please contact us for more information. We approve community service hours.

Job Bank Needs Teens to Rake

The Job Bank needs teens who want to earn some cash and help our residents. Call now to schedule your interview.

Jobs may include raking, yardwork, snow shoveling, babysitting,



housework, and animal care. Parent permission is required.

Residents may hire a teen by calling Youth Services to share the work and encourage our young people.

Recreation News

Call Recreation at 203-389-3446 or email Recreation@woodbridgect.org. Register at woodbridgect.org.
Select Recreation Registration at the homepage on the Town website to register and view the lineup of program options.

Road Race and Fun Run



The 40th annual Woodbridge Road Race was held on Saturday, October 8. Overall winner was Dean Bhatt at a time of 18:19. Laura Pierce was the overall female winner at 18:48.

Times for the top three male residents to finish were: Joseph Sugarmann 19:05, Rob Rosasco 19:51, John Onofrey 20:29. The top three female residents to

finish were: Laura Pierce 18:48, Emily Criscuolo 21:52, and Ana Ruszkowski 23:22.

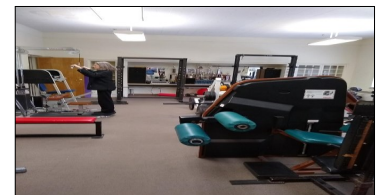
The Fun Run top three boys to finish were: William Gambrell 8:31, Vihaan Muzumdar 10:46, and Bowen Skwara 12:01. The top three girls were: Carissa Parker 7:01, Lucy Moore 7:36, and Trixie Moore 8:08.

Fitness Room Schedule

The Fitness Center hours are Mon. & Thu. mornings from 9 am - noon, Tue. & Thu. evenings from 6-8:30 pm and Sat. & Sun. from 8 am to noon.

On a temporary basis, the Fitness Center will be open Mon., Wed., and Fri. between 4-9 pm.

Fitness Center memberships



are available online or visit the Recreation Office to sign-up.

Register for Winter Activities

Registration for winter programs will begin November 7. Check out the Town website for a complete program listing at woodbridgect.org. Register via our new online registration system—a **new account will be needed to get started**. You may also register in person at

our new office location in the lower level of Town Hall. Visit us between 8:30 am - 4:30 pm, Monday through Friday.

Limited spots remain in the youth winter basketball leagues.

Call the Recreation Office for details.

Pool at Beecher Road School

Please stay tune for the pool reopening date on the Recreation page on the Town website, woodbridgect.org.

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